

# All-In Night



*...a simple family ritual which helps parents to proactively teach and learn with their children about the things that matter. Steve Biddulph*

LYNNE BURGESS

In an age when most families let the consumer culture roll over them, Lynne and Chris took a stand and figured out how to give their kids confidence, dreams, and a place to be themselves. They claimed back one bit of the week to really be a family, to listen, share and appreciate. The results can be repeated by anyone with a bit of gumption and a desire to connect with their children and keep that connection for life.

*Steve Biddulph, author of Raising Boys*

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**Title:** All-In Night  
**Author:** Lynne Burgess

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Size: 203mm by 138mm

RRP: \$17.95, paperback

Extent: 142 pages

40 activities to spread over the year

**Publicity:**

Author available to speak on radio, TV,  
women's conferences

Newspaper/magazine extract potential

**Synopsis:**

Lynne's concept of *All-In Night* came from 16 years of family activities after dinner on a Monday night. It became a family routine. The premise is that for one night of the week everyone stays home and the family can spend ten to twenty minutes together, talking about the things that matter.

The book includes 40 weeks of activities, designed as 1 per week of the school year. Activities include understanding bullying, delayed gratification, why drink water, how to apologise, how to speak in public, having fun, doing exercise and how to act at a friends house.

These fun and simple family activities provide an opportunity to grow values, goals, hopes, feelings and the foundation for a well-lived life. *All-in Night* works with two kids or ten. Let it become the heart of your family's life.

**About the author:**

Lynne and Chris have raised five, now grown, children. Lynne's practical experience comes from the quality time spent with her own children. She successfully implemented her All-In Night for over 16 years using many simple yet productive activities that included all the family. She now shares these ideas at speaking events and through her book.

**Sales points:**

Unique and new way to develop family time

Easy to read format for busy parents

Main audience of mums and dads

All-In Night will easily be a new phrase in parenting

